

Race Name: **Frostbite 5K**  
 Date: **December 3, 2011**

place	Runner	age	Group	M/F	time	*AGTime	WCC pts	Grp pts	Top5pts	Part.Pts	pace/mi	AG%
1	<b>Jacob Naegeli</b>	21	19-24	M	<b>16 10</b>	16 06	<b>234</b>	19	165	50	5 12	80.11
2	<b>Sean Kennedy</b>	24	19-24	M	<b>16 47</b>	16 47	<b>200</b>	18	132	50	5 24	76.86
3	<b>Jason Newport</b>	40	40-44	M	<b>16 58</b>	16 02	<b>167</b>	18	99	50	5 28	80.45
4	<b>Simon Conrad</b>	19	19-24	M	<b>17 56</b>	17 33	<b>133</b>	17	66	50	5 46	73.48
5	<b>Charlie Boyd</b>	19	19-24	M	<b>18 08</b>	17 45	<b>99</b>	16	33	50	5 50	72.67
6	<b>Bryson Stevens</b>	17	16-18	M	<b>18 09</b>	17 20	<b>60</b>	10		50	5 51	74.42
7	<b>Seth Prince</b>	19	19-24	M	<b>18 11</b>	17 48	<b>65</b>	15		50	5 51	72.47
8	<b>Patrick Smith</b>	19	19-24	M	<b>18 25</b>	18 02	<b>64</b>	14		50	5 56	71.55
9	<b>Kristina Tabor</b>	32	30-34	F	<b>18 26</b>	18 23	<b>256</b>	26	180	50	5 56	80.52
10	<b>Stephen Hayes, Jr.</b>	31	30-34	M	<b>18 33</b>	18 28	<b>65</b>	15		50	5 58	69.88
11	<b>Greg Ingram</b>	33	30-34	M	<b>18 42</b>	18 29	<b>64</b>	14		50	6 01	69.79
12	<b>Timothy Lowman</b>	22	19-24	M	<b>18 48</b>	18 48	<b>63</b>	13		50	6 03	68.64
13	<b>Jim Campbell</b>	18	16-18	M	<b>18 52</b>	18 15	<b>59</b>	9		50	6 04	70.71
14	<b>Taylor Gray</b>	19	19-24	M	<b>18 53</b>	18 29	<b>62</b>	12		50	6 05	69.78
15	<b>Robbie Lane</b>	20	19-24	M	<b>18 53</b>	18 41	<b>61</b>	11		50	6 05	69.05
16	<b>Dylan Frame</b>	18	16-18	M	<b>18 54</b>	18 17	<b>58</b>	8		50	6 05	70.58
17	<b>Daniel Chew</b>	29	25-29	M	<b>19 02</b>	19 01	<b>60</b>	10		50	6 08	67.84
18	<b>Pedro Feliciano</b>	16	16-18	M	<b>19 03</b>	17 57	<b>57</b>	7		50	6 08	71.89
19	<b>Curtis Hieger</b>	17	16-18	M	<b>19 06</b>	18 14	<b>56</b>	6		50	6 09	70.72
20	<b>Jeff Cooley</b>	43	40-44	M	<b>19 11</b>	17 44	<b>67</b>	17		50	6 10	72.78
21	<b>Brian Schleeper</b>	39	35-39	M	<b>19 26</b>	18 30	<b>67</b>	17		50	6 15	69.72
22	<b>Brad Pitcher</b>	41	40-44	M	<b>19 29</b>	18 17	<b>66</b>	16		50	6 16	70.59
23	<b>Scott Meinardi</b>	30	30-34	M	<b>19 39</b>	19 36	<b>63</b>	13		50	6 19	65.81
24	<b>Jenna Barker</b>	11	0-12	F	<b>19 43</b>	17 32	<b>211</b>	17	144	50	6 21	84.40
25	<b>Dylan Drooger</b>	20	19-24	M	<b>19 44</b>	19 31	<b>60</b>	10		50	6 21	66.08
26	<b>Hayley Rogers</b>	15	13-15	F	<b>19 45</b>	18 52	<b>160</b>	2	108	50	6 21	78.47
27	<b>Todd Barker</b>	46	45-49	M	<b>19 46</b>	17 51	<b>62</b>	12		50	6 22	72.29
28	<b>Steve Walkotte</b>	47	45-49	M	<b>19 48</b>	17 44	<b>61</b>	11		50	6 22	72.73
29	<b>Anthony Allen</b>	40	40-44	M	<b>19 49</b>	18 44	<b>65</b>	15		50	6 23	68.88
30	<b>Sean Andreas</b>	27	25-29	M	<b>20 03</b>	20 03	<b>59</b>	9		50	6 27	64.34
31	<b>Katie Lahmann</b>	17	16-18	F	<b>20 10</b>	19 45	<b>126</b>	4	72	50	6 29	74.96
32	<b>Jack Brenneke</b>	12	0-12	M	<b>20 21</b>	17 39	<b>63</b>	13		50	6 33	73.07
33	<b>Jimmy Hisle</b>	44	40-44	M	<b>20 21</b>	18 40	<b>64</b>	14		50	6 33	69.14
34	<b>Bill Leveridge</b>	55	55-59	M	<b>20 24</b>	17 08	<b>59</b>	9		50	6 34	75.32
35	<b>Pam Mertz</b>	43	40-44	F	<b>20 25</b>	19 07	<b>107</b>	21	36	50	6 34	77.41
36	<b>Craig Weigel</b>	33	30-34	M	<b>20 29</b>	20 15	<b>62</b>	12		50	6 36	63.71
37	<b>Turner Ritchie</b>	20	19-24	M	<b>20 37</b>	20 24	<b>59</b>	9		50	6 38	63.25
38	<b>Dean Knapp</b>	27	25-29	M	<b>20 41</b>	20 41	<b>58</b>	8		50	6 39	62.37
39	<b>Mark VanBuskirk</b>	43	40-44	M	<b>20 52</b>	19 17	<b>63</b>	13		50	6 43	66.91
40	<b>Kyle Frost</b>	23	19-24	M	<b>20 59</b>	20 59	<b>58</b>	8		50	6 45	61.48
41	<b>Gabe Beatty</b>	11	0-12	M	<b>21 01</b>	17 44	<b>62</b>	12		50	6 46	72.78
42	<b>Louise Fega</b>	19	19-24	F	<b>21 02</b>	20 57	<b>66</b>	16		50	6 46	70.64
43	<b>Chandler Dillman</b>	17	16-18	M	<b>21 05</b>	20 08	<b>55</b>	5		50	6 47	64.07
44	<b>Nick Berger</b>	10	0-12	M	<b>21 07</b>	17 15	<b>61</b>	11		50	6 48	74.76
45	<b>Jim Migoski</b>	44	40-44	M	<b>21 08</b>	19 23	<b>62</b>	12		50	6 48	66.57
46	<b>Michael Norrick</b>	16	16-18	M	<b>21 09</b>	19 55	<b>54</b>	4		50	6 48	64.76
47	<b>Mark Barton</b>	54	50-54	M	<b>21 11</b>	17 56	<b>67</b>	17		50	6 49	71.94
48	<b>Joseph Wambo</b>	33	30-34	M	<b>21 13</b>	20 58	<b>61</b>	11		50	6 50	61.51
49	<b>Dennis Nicholson</b>	39	35-39	M	<b>21 15</b>	20 14	<b>66</b>	16		50	6 50	63.76
50	<b>Emma Hauser</b>	18	16-18	F	<b>21 15</b>	21 01	<b>53</b>	3		50	6 50	70.40
51	<b>Hennie Mulder</b>	57	55-59	M	<b>21 16</b>	17 33	<b>58</b>	8		50	6 51	73.49
52	<b>Joel Flora</b>	43	40-44	M	<b>21 19</b>	19 42	<b>61</b>	11		50	6 52	65.49
53	<b>Olivia Thornburg</b>	20	19-24	F	<b>21 25</b>	21 24	<b>65</b>	15		50	6 54	69.13
54	<b>Rick Moore</b>	52	50-54	M	<b>21 31</b>	18 31	<b>66</b>	16		50	6 56	69.66
55	<b>Ray Seals</b>	23	19-24	M	<b>21 37</b>	21 37	<b>57</b>	7		50	6 57	59.68
56	<b>Michael Mull</b>	38	35-39	M	<b>21 38</b>	20 45	<b>65</b>	15		50	6 58	62.17
57	<b>Blake Hiner</b>	20	19-24	M	<b>21 44</b>	21 30	<b>56</b>	6		50	6 59	60.00
58	<b>Tiffany Mull</b>	36	35-39	F	<b>21 48</b>	21 27	<b>67</b>	17		50	7 01	68.99
59	<b>Logan Seals</b>	22	19-24	M	<b>21 50</b>	21 49	<b>55</b>	5		50	7 02	59.11
60	<b>Keith Morey</b>	38	35-39	M	<b>21 51</b>	20 58	<b>64</b>	14		50	7 02	61.55

Total	341
Males	162
Females	179

Top 5 Points	
165	180
132	144
99	108
66	72
33	36

\*AG Time  
 Age Graded Time  
 Times are adjusted using the WMA Age-Graded tables.

Grp pts  
 Age Group Points  
 One point for each age-group runner defeated.

AG%  
 Age Graded %  
 Percentage of the World Standard after adjusting for age and gender.

Race Director  
**Kelly Weaver**

Race Name: **Frostbite 5K**  
 Date: **December 3, 2011**

place	Runner	age	Group	M/F	time	*AGTime	WCC pts	Grp pts	Top5pts	Part.Pts	pace/mi	AG%
61	<b>Hannah Wedig</b>	14	13-15	F	21 52	20 36	51	1		50	7 02	71.86
62	<b>Ken Wedig</b>	46	45-49	M	21 52	19 44	60	10		50	7 02	65.35
63	<b>Andrew Hoover</b>	15	13-15	M	21 57	20 20	53	3		50	7 04	63.43
64	<b>Nicole Andreas</b>	28	25-29	F	21 59	21 59	60	10		50	7 05	67.32
65	<b>Jason Whitney</b>	33	30-34	M	21 59	21 44	60	10		50	7 05	59.36
66	<b>Adam Scott</b>	36	35-39	M	22 01	21 25	63	13		50	7 05	60.22
67	<b>Nora Swift</b>	21	19-24	F	22 08	22 08	64	14		50	7 07	66.87
68	<b>Joseph Hoerst</b>	21	19-24	M	22 15	22 10	54	4		50	7 10	58.20
69	<b>Ron Bauman</b>	52	50-54	M	22 16	19 10	65	15		50	7 10	67.32
70	<b>Matt Logston</b>	31	30-34	M	22 18	22 12	59	9		50	7 11	58.13
71	<b>John Guttadore</b>	56	55-59	M	22 21	18 36	57	7		50	7 12	69.34
72	<b>Andrew Cornett</b>	38	35-39	M	22 27	21 32	62	12		50	7 14	59.91
73	<b>Hanna Klondaris</b>	19	19-24	F	22 29	22 24	63	13		50	7 14	66.08
74	<b>Hannah Leveridge</b>	18	16-18	F	22 30	22 16	52	2		50	7 15	66.49
75	<b>Payton VanMiddlesworth</b>	10	0-12	F	22 31	19 32	66	16		50	7 15	75.77
76	<b>Jeff Uhrick</b>	38	35-39	M	22 37	21 42	61	11		50	7 17	59.46
77	<b>Amy Rodeghero</b>	27	25-29	F	22 41	22 41	59	9		50	7 18	65.25
78	<b>John Berger</b>	34	30-34	M	22 49	22 27	58	8		50	7 21	57.46
79	<b>Aaron Ervin</b>	27	25-29	M	22 57	22 57	57	7		50	7 23	56.21
80	<b>Arlene Berger</b>	35	35-39	F	23 00	22 44	66	16		50	7 24	65.11
81	<b>Jeff Smith</b>	48	45-49	M	23 09	20 35	59	9		50	7 27	62.70
82	<b>Matt Amos</b>	33	30-34	M	23 11	22 55	57	7		50	7 28	56.29
83	<b>Eileen Cravens</b>	54	50-54	F	23 17	19 03	62	12		50	7 30	77.69
84	<b>Maria-Teresa Herd</b>	31	30-34	F	23 19	23 17	75	25		50	7 30	63.56
85	<b>Bill Marker</b>	50	50-54	M	23 20	20 25	64	14		50	7 31	63.21
86	<b>Ryan Donahue</b>	18	16-18	M	23 22	22 36	53	3		50	7 31	57.09
87	<b>Leslie Rogers</b>	35	35-39	F	23 23	23 07	65	15		50	7 32	64.04
88	<b>Hannah Stegall</b>	17	16-18	F	23 24	22 55	51	1		50	7 32	64.60
89	<b>Brad Stahlhut</b>	31	30-34	M	23 25	23 18	56	6		50	7 32	55.35
90	<b>Denise Hoerst</b>	48	45-49	F	23 28	20 45	79	29		50	7 33	71.32
91	<b>Jesse Jaynes</b>	38	35-39	M	23 31	22 33	60	10		50	7 34	57.19
92	<b>Christina Bowersock</b>	34	30-34	F	23 40	23 28	74	24		50	7 37	63.05
93	<b>Frank Donahue</b>	50	50-54	M	23 42	20 44	63	13		50	7 38	62.23
94	<b>Parker Jaynes</b>	10	0-12	M	23 45	19 24	60	10		50	7 39	66.47
95	<b>Rod Waltz</b>	50	50-54	M	23 45	20 46	62	12		50	7 39	62.10
96	<b>Nathan Dickman</b>	10	0-12	M	23 46	19 25	59	9		50	7 39	66.43
97	<b>Brenda Burns</b>	53	50-54	F	23 47	19 43	61	11		50	7 39	75.05
98	<b>Cory Gault</b>	27	25-29	M	23 55	23 55	56	6		50	7 42	53.94
99	<b>Ronnie Lindley</b>	55	55-59	M	24 00	20 09	56	6		50	7 43	64.03
100	<b>Shawn Daugherty</b>	36	35-39	M	24 09	23 30	59	9		50	7 46	54.90
101	<b>Karl Moffett</b>	32	30-34	M	24 13	24 02	55	5		50	7 48	53.69
102	<b>Mason Stitt</b>	13	13-15	M	24 16	21 35	52	2		50	7 49	59.77
103	<b>Amelia Dick</b>	14	13-15	F	24 17	22 52	50	0		50	7 49	64.71
104	<b>Brett Kirsch</b>	22	19-24	M	24 18	24 17	53	3		50	7 49	53.11
105	<b>Ray Blevins</b>	53	50-54	M	24 20	20 46	61	11		50	7 50	62.11
106	<b>Michelle Dafler</b>	33	30-34	F	24 21	24 13	73	23		50	7 50	61.10
107	<b>Dave Snow</b>	34	30-34	M	24 25	24 02	54	4		50	7 52	53.69
108	<b>Austin Morgan</b>	9	0-12	M	24 30	19 19	58	8		50	7 53	66.77
109	<b>Dean Frame</b>	50	50-54	M	24 33	21 28	60	10		50	7 54	60.07
110	<b>Mindy Ward</b>	40	40-44	F	24 34	23 36	70	20		50	7 54	62.70
111	<b>Sondra Marker</b>	48	45-49	F	24 41	21 50	78	28		50	7 57	67.80
112	<b>Leann Brenneke</b>	11	0-12	F	24 47	22 03	65	15		50	7 59	67.14
113	<b>Tom Carrico</b>	58	55-59	M	24 53	20 22	55	5		50	8 01	63.35
114	<b>Abbey Schmidt</b>	11	0-12	F	24 54	22 09	64	14		50	8 01	66.83
115	<b>Don Beatty</b>	42	40-44	M	24 55	23 12	60	10		50	8 01	55.61
116	<b>Cindy Elzemeyer</b>	37	35-39	F	24 59	24 28	64	14		50	8 02	60.49
117	<b>Andrew Roberts</b>	37	35-39	M	25 09	24 18	58	8		50	8 06	53.09
118	<b>Randall Smith</b>	46	45-49	M	25 12	22 45	58	8		50	8 07	56.70
119	<b>Terry Dryden</b>	52	50-54	M	25 13	21 42	59	9		50	8 07	59.44
120	<b>Cheryl Miller</b>	33	30-34	F	25 15	25 07	72	22		50	8 08	58.92

Race Name: **Frostbite 5K**  
 Date: **December 3, 2011**

place	Runner	age	Group	M/F	time	*AGTime	WCC pts	Grp pts	Top5pts	Part.Pts	pace/mi	AG%
121	<b>Chad Ward</b>	37	35-39	M	<b>25 25</b>	24 33	<b>57</b>	7		50	8 11	52.53
122	<b>Joey Hale</b>	14	13-15	M	<b>25 27</b>	23 08	<b>51</b>	1		50	8 11	55.76
123	<b>Denise Selm</b>	40	40-44	F	<b>25 32</b>	24 32	<b>69</b>	19		50	8 13	60.33
124	<b>Jeremy Browning</b>	29	25-29	M	<b>25 34</b>	25 33	<b>55</b>	5		50	8 14	50.50
125	<b>Jane Terashima</b>	61	60-64	F	<b>25 40</b>	19 01	<b>54</b>	4		50	8 16	77.82
126	<b>Christie Larsen</b>	37	35-39	F	<b>25 40</b>	25 08	<b>63</b>	13		50	8 16	58.88
127	<b>Julia May</b>	47	45-49	F	<b>25 47</b>	23 05	<b>77</b>	27		50	8 18	64.11
128	<b>Elizabeth Spence</b>	23	19-24	F	<b>25 50</b>	25 50	<b>62</b>	12		50	8 19	57.29
129	<b>Stephanie Farlow</b>	33	30-34	F	<b>25 51</b>	25 43	<b>71</b>	21		50	8 19	57.55
130	<b>Kathy Barton</b>	55	55-59	F	<b>25 53</b>	20 54	<b>55</b>	5		50	8 20	70.84
131	<b>Robbie Perales</b>	16	16-18	M	<b>25 53</b>	24 23	<b>52</b>	2		50	8 20	52.91
132	<b>Becca Catey</b>	11	0-12	F	<b>25 57</b>	23 05	<b>63</b>	13		50	8 21	64.12
133	<b>Dan Dickman</b>	42	40-44	M	<b>25 58</b>	24 10	<b>59</b>	9		50	8 21	53.36
134	<b>Ryan Williams</b>	33	30-34	M	<b>26 00</b>	25 42	<b>53</b>	3		50	8 22	50.19
135	<b>Missy Moore</b>	43	40-44	F	<b>26 01</b>	24 22	<b>68</b>	18		50	8 22	60.74
136	<b>Clifford Clark</b>	57	55-59	M	<b>26 02</b>	21 29	<b>54</b>	4		50	8 23	60.03
137	<b>Dave Pointis</b>	60	60-64	M	<b>26 14</b>	21 06	<b>51</b>	1		50	8 27	61.14
138	<b>Gene Black</b>	69	65-69	M	<b>26 22</b>	19 31	<b>54</b>	4		50	8 29	66.10
139	<b>Scott Silverman</b>	52	50-54	M	<b>26 27</b>	22 46	<b>58</b>	8		50	8 31	56.67
140	<b>Bob May</b>	27	25-29	M	<b>26 29</b>	26 29	<b>54</b>	4		50	8 31	48.71
141	<b>Sarah Dickman</b>	11	0-12	F	<b>26 30</b>	23 34	<b>62</b>	12		50	8 32	62.79
142	<b>Mary Catey</b>	46	45-49	F	<b>26 35</b>	24 06	<b>76</b>	26		50	8 33	61.43
143	<b>Steven Dick</b>	49	45-49	M	<b>26 36</b>	23 27	<b>57</b>	7		50	8 34	55.00
144	<b>Michael King</b>	56	55-59	M	<b>26 44</b>	22 15	<b>53</b>	3		50	8 36	57.97
145	<b>Joe Wilmot</b>	35	35-39	M	<b>26 56</b>	26 22	<b>56</b>	6		50	8 40	48.93
146	<b>Anita Dwenger</b>	46	45-49	F	<b>26 59</b>	24 27	<b>75</b>	25		50	8 41	60.52
147	<b>David Wetzel</b>	53	50-54	M	<b>27 00</b>	23 03	<b>57</b>	7		50	8 41	55.97
148	<b>Adam Carman</b>	45	45-49	M	<b>27 04</b>	24 38	<b>56</b>	6		50	8 43	52.38
149	<b>Quywen Wolfe</b>	33	30-34	F	<b>27 04</b>	26 56	<b>70</b>	20		50	8 43	54.97
150	<b>Kelsie Dickerson</b>	19	19-24	F	<b>27 05</b>	26 59	<b>61</b>	11		50	8 43	54.86
151	<b>Preston Gault</b>	11	0-12	M	<b>27 05</b>	22 51	<b>57</b>	7		50	8 43	56.47
152	<b>Manda Light</b>	29	25-29	F	<b>27 14</b>	27 14	<b>58</b>	8		50	8 46	54.35
153	<b>Del Cofield</b>	35	35-39	M	<b>27 15</b>	26 40	<b>55</b>	5		50	8 46	48.36
154	<b>Katie Hoehne</b>	20	19-24	F	<b>27 18</b>	27 17	<b>60</b>	10		50	8 47	54.23
155	<b>Josh Morgan</b>	31	30-34	M	<b>27 24</b>	27 16	<b>52</b>	2		50	8 49	47.31
156	<b>Don Smith</b>	65	65-69	M	<b>27 36</b>	21 14	<b>53</b>	3		50	8 53	60.77
157	<b>Melanie Roberts</b>	38	35-39	F	<b>27 37</b>	26 53	<b>62</b>	12		50	8 53	55.04
158	<b>Vince Moore</b>	54	50-54	M	<b>27 51</b>	23 35	<b>56</b>	6		50	8 58	54.72
159	<b>Jessica Gabbard</b>	35	35-39	F	<b>27 54</b>	27 34	<b>61</b>	11		50	8 59	53.67
160	<b>Heather Wampole</b>	29	25-29	F	<b>28 02</b>	28 02	<b>57</b>	7		50	9 01	52.79
161	<b>Marcos Ponce</b>	35	35-39	M	<b>28 08</b>	27 32	<b>54</b>	4		50	9 03	46.85
162	<b>Angie Carpenter</b>	36	35-39	F	<b>28 12</b>	27 45	<b>60</b>	10		50	9 05	53.33
163	<b>Angela Brouse</b>	24	19-24	F	<b>28 13</b>	28 13	<b>59</b>	9		50	9 05	52.45
164	<b>Stuart Karanovich</b>	51	50-54	M	<b>28 14</b>	24 30	<b>55</b>	5		50	9 05	52.66
165	<b>Autumn Beatty</b>	28	25-29	F	<b>28 18</b>	28 18	<b>56</b>	6		50	9 07	52.30
166	<b>Joe Farlow</b>	36	35-39	M	<b>28 24</b>	27 38	<b>53</b>	3		50	9 08	46.69
167	<b>Mike Termillegar</b>	18	16-18	M	<b>28 25</b>	27 29	<b>51</b>	1		50	9 09	46.95
168	<b>Sam Brenneke</b>	10	0-12	M	<b>28 29</b>	23 16	<b>56</b>	6		50	9 10	55.43
169	<b>Elisha Frazier</b>	29	25-29	F	<b>28 30</b>	28 30	<b>55</b>	5		50	9 10	51.93
170	<b>Greg Kurtz</b>	54	50-54	M	<b>28 31</b>	24 08	<b>54</b>	4		50	9 11	53.44
171	<b>Stacy Brenneke</b>	40	40-44	F	<b>28 37</b>	27 30	<b>67</b>	17		50	9 13	53.83
172	<b>Angel Day</b>	39	35-39	F	<b>28 40</b>	27 44	<b>59</b>	9		50	9 14	53.36
173	<b>William Gigliotti</b>	53	50-54	M	<b>28 51</b>	24 38	<b>53</b>	3		50	9 17	52.38
174	<b>Yuji Isono</b>	49	45-49	M	<b>28 52</b>	25 27	<b>55</b>	5		50	9 17	50.68
175	<b>George Stump</b>	74	70+	M	<b>28 53</b>	19 59	<b>50</b>	0		50	9 18	64.51
176	<b>Aimee VanMiddlesworth</b>	41	40-44	F	<b>29 03</b>	27 42	<b>66</b>	16		50	9 21	53.44
177	<b>Debra Uhrick</b>	51	50-54	F	<b>29 04</b>	24 44	<b>60</b>	10		50	9 21	59.82
178	<b>Skyler Marker</b>	12	0-12	F	<b>29 05</b>	26 26	<b>61</b>	11		50	9 22	55.98
179	<b>Dennis Mann</b>	67	65-69	M	<b>29 11</b>	22 02	<b>52</b>	2		50	9 24	58.55
180	<b>James Weigel</b>	8	0-12	M	<b>29 11</b>	22 07	<b>55</b>	5		50	9 24	58.32

Race Name: **Frostbite 5K**Date: **December 3, 2011**

place	Runner	age	Group	M/F	time	*AGTime	WCC pts	Grp pts	Top5pts	Part.Pts	pace/mi	AG%
181	<b>Will Brenneke</b>	8	0-12	M	<b>29 14</b>	22 09	<b>54</b>	4		50	9 25	58.22
182	<b>Teresa Bryant</b>	51	50-54	F	<b>29 14</b>	24 53	<b>59</b>	9		50	9 25	59.48
183	<b>Cherie Dolehanty</b>	42	40-44	F	<b>29 16</b>	27 40	<b>65</b>	15		50	9 25	53.50
184	<b>Jonathan Geise</b>	24	19-24	M	<b>29 16</b>	29 16	<b>52</b>	2		50	9 25	44.08
185	<b>Barbie Scrogham</b>	65	65-69	F	<b>29 18</b>	20 25	<b>52</b>	2		50	9 26	72.47
186	<b>Regan Klein</b>	10	0-12	F	<b>29 18</b>	25 25	<b>60</b>	10		50	9 26	58.23
187	<b>Austin Farlow</b>	8	0-12	M	<b>29 20</b>	22 14	<b>53</b>	3		50	9 26	58.03
188	<b>Carrie Hendrich</b>	49	45-49	F	<b>29 21</b>	25 38	<b>74</b>	24		50	9 27	57.74
189	<b>Ken Miller</b>	67	65-69	M	<b>29 23</b>	22 11	<b>51</b>	1		50	9 27	58.15
190	<b>Lori Lowman</b>	20	19-24	F	<b>29 23</b>	29 22	<b>58</b>	8		50	9 27	50.39
191	<b>Rinda Kieffer</b>	34	30-34	F	<b>29 24</b>	29 10	<b>69</b>	19		50	9 28	50.75
192	<b>Kay Donahue</b>	43	40-44	F	<b>29 24</b>	27 32	<b>64</b>	14		50	9 28	53.75
193	<b>Kevin Shelley</b>	45	45-49	M	<b>29 30</b>	26 51	<b>54</b>	4		50	9 30	48.06
194	<b>Belinda Gray</b>	52	50-54	F	<b>29 31</b>	24 48	<b>58</b>	8		50	9 30	59.68
195	<b>Tad Barrett</b>	37	35-39	M	<b>29 38</b>	28 38	<b>52</b>	2		50	9 32	45.05
196	<b>Kyle Kolopanis</b>	28	25-29	M	<b>29 40</b>	29 40	<b>53</b>	3		50	9 33	43.49
197	<b>Michael Mitchell</b>	29	25-29	M	<b>29 41</b>	29 39	<b>52</b>	2		50	9 33	43.50
198	<b>Tyler Long</b>	29	25-29	M	<b>29 41</b>	29 39	<b>51</b>	1		50	9 33	43.50
199	<b>Bethan Ervin</b>	43	40-44	F	<b>29 45</b>	27 52	<b>63</b>	13		50	9 35	53.12
200	<b>Mariah Seals</b>	19	19-24	F	<b>29 51</b>	29 44	<b>57</b>	7		50	9 36	49.78
201	<b>Kimberly Hall</b>	45	45-49	F	<b>29 57</b>	27 28	<b>73</b>	23		50	9 38	53.89
202	<b>Rosa Ostrom</b>	22	19-24	F	<b>30 03</b>	30 03	<b>56</b>	6		50	9 40	49.25
203	<b>Doug Myers</b>	56	55-59	M	<b>30 06</b>	25 03	<b>52</b>	2		50	9 41	51.49
204	<b>Megan Frame</b>	21	19-24	F	<b>30 07</b>	30 07	<b>55</b>	5		50	9 42	49.14
205	<b>Sabrina Bartram</b>	48	45-49	F	<b>30 11</b>	26 41	<b>72</b>	22		50	9 43	55.45
206	<b>Tom Pennington</b>	54	50-54	M	<b>30 17</b>	25 38	<b>52</b>	2		50	9 45	50.32
207	<b>Doug Brenneke</b>	44	40-44	M	<b>30 18</b>	27 47	<b>58</b>	8		50	9 45	46.43
208	<b>Jack Frech</b>	44	40-44	M	<b>30 20</b>	27 49	<b>57</b>	7		50	9 46	46.38
209	<b>Madison Weaver</b>	8	0-12	F	<b>30 45</b>	25 08	<b>59</b>	9		50	9 54	58.90
210	<b>Lynn Wood</b>	52	50-54	F	<b>30 47</b>	25 52	<b>57</b>	7		50	9 54	57.22
211	<b>Angie Witham</b>	48	45-49	F	<b>30 53</b>	27 19	<b>71</b>	21		50	9 56	54.19
212	<b>Haruko Okuyama</b>	48	45-49	F	<b>30 54</b>	27 19	<b>70</b>	20		50	9 57	54.16
213	<b>Michael Lafuze</b>	31	30-34	M	<b>31 00</b>	30 51	<b>51</b>	1		50	9 59	41.81
214	<b>Dana Budd</b>	57	55-59	M	<b>31 04</b>	25 39	<b>51</b>	1		50	9 59	50.31
215	<b>Jess Rinehart</b>	21	19-24	F	<b>31 06</b>	31 06	<b>54</b>	4		50	10 01	47.59
216	<b>Melanie McDaniel</b>	46	45-49	F	<b>31 10</b>	28 15	<b>69</b>	19		50	10 02	52.40
217	<b>Beth Beatty</b>	36	35-39	F	<b>31 28</b>	30 58	<b>58</b>	8		50	10 08	47.79
218	<b>Sidney Braff</b>	9	0-12	F	<b>31 35</b>	26 38	<b>58</b>	8		50	10 10	55.56
219	<b>Curt Spaulding</b>	49	45-49	M	<b>31 44</b>	27 59	<b>53</b>	3		50	10 13	46.11
220	<b>Stacy Braff</b>	49	45-49	F	<b>31 45</b>	27 44	<b>68</b>	18		50	10 13	53.38
221	<b>Anna Deering</b>	23	19-24	F	<b>31 48</b>	31 48	<b>53</b>	3		50	10 14	46.54
222	<b>Dena Matheny</b>	34	30-34	F	<b>31 52</b>	31 37	<b>68</b>	18		50	10 15	46.82
223	<b>Tammy Farmer</b>	39	35-39	F	<b>31 53</b>	30 51	<b>57</b>	7		50	10 16	47.97
224	<b>Loren Brubaker</b>	40	40-44	F	<b>31 56</b>	30 41	<b>62</b>	12		50	10 17	48.24
225	<b>Steve Dailey</b>	52	50-54	M	<b>32 00</b>	27 32	<b>51</b>	1		50	10 18	46.84
226	<b>Ruby Smith</b>	46	45-49	F	<b>32 06</b>	29 06	<b>67</b>	17		50	10 20	50.87
227	<b>Lisa Hacker</b>	46	45-49	F	<b>32 06</b>	29 06	<b>66</b>	16		50	10 20	50.87
228	<b>Peter Larson</b>	35	35-39	M	<b>32 10</b>	31 29	<b>51</b>	1		50	10 21	40.97
229	<b>Kiyomi Sugaya</b>	40	40-44	F	<b>32 24</b>	31 08	<b>61</b>	11		50	10 26	47.54
230	<b>Aaron Glover</b>	10	0-12	M	<b>32 26</b>	26 30	<b>52</b>	2		50	10 26	48.68
231	<b>Mike Glover</b>	41	40-44	M	<b>32 27</b>	30 26	<b>56</b>	6		50	10 27	42.38
232	<b>Rick Mustaine</b>	47	45-49	M	<b>32 38</b>	29 14	<b>52</b>	2		50	10 30	44.13
233	<b>Lora Lock</b>	41	40-44	F	<b>32 55</b>	31 23	<b>60</b>	10		50	10 36	47.16
234	<b>Judy Pierce</b>	49	45-49	F	<b>32 58</b>	28 47	<b>65</b>	15		50	10 37	51.41
235	<b>Jasson Wickman</b>	28	25-29	M	<b>33 11</b>	33 11	<b>50</b>	0		50	10 41	38.88
236	<b>Sharon Shaffer</b>	42	40-44	F	<b>33 18</b>	31 29	<b>59</b>	9		50	10 43	47.02
237	<b>Pat Bowers</b>	68	65-69	F	<b>33 20</b>	22 08	<b>51</b>	1		50	10 44	66.88
238	<b>Kathy Wadsworth</b>	36	35-39	F	<b>33 32</b>	33 00	<b>56</b>	6		50	10 48	44.85
239	<b>Elizabeth Farmer</b>	9	0-12	F	<b>33 40</b>	28 24	<b>57</b>	7		50	10 50	52.12
240	<b>Carol Ammerman</b>	68	65-69	F	<b>33 45</b>	22 24	<b>50</b>	0		50	10 52	66.05



Race Name: **Frostbite 5K**  
 Date: **December 3, 2011**

place	Runner	age	Group	M/F	time	*AGTime	WCC pts	Grp pts	Top5pts	Part.Pts	pace/mi	AG%
241	<b>JoDale Benz</b>	44	40-44	F	<b>34 02</b>	31 33	<b>58</b>	8		50	10 57	46.91
242	<b>Erica Barker</b>	9	0-12	F	<b>34 04</b>	28 44	<b>56</b>	6		50	10 58	51.51
243	<b>Natalie Norris</b>	32	30-34	F	<b>34 10</b>	34 04	<b>67</b>	17		50	10 59	43.44
244	<b>Nicole Nelson</b>	30	30-34	F	<b>34 10</b>	34 09	<b>66</b>	16		50	10 59	43.33
245	<b>Jane Barker</b>	45	45-49	F	<b>34 16</b>	31 25	<b>64</b>	14		50	11 02	47.10
246	<b>Brenda Baumer</b>	47	45-49	F	<b>34 18</b>	30 43	<b>63</b>	13		50	11 02	48.19
247	<b>Doug Brown</b>	49	45-49	M	<b>34 28</b>	30 23	<b>51</b>	1		50	11 06	42.45
248	<b>Berneice Tipton</b>	51	50-54	F	<b>35 05</b>	29 52	<b>56</b>	6		50	11 18	49.56
249	<b>Sherry Marcum</b>	48	45-49	F	<b>35 08</b>	31 04	<b>62</b>	12		50	11 18	47.64
250	<b>Amy Townsend</b>	41	40-44	F	<b>35 13</b>	33 34	<b>57</b>	7		50	11 20	44.08
251	<b>Brian Fisher</b>	42	40-44	M	<b>35 57</b>	33 28	<b>55</b>	5		50	11 34	38.54
252	<b>Natalie Wampole</b>	48	45-49	F	<b>36 00</b>	31 50	<b>61</b>	11		50	11 35	46.49
253	<b>Glenn Benz</b>	44	40-44	M	<b>36 16</b>	33 15	<b>54</b>	4		50	11 40	38.79
254	<b>Joy Klein</b>	34	30-34	F	<b>36 18</b>	36 00	<b>65</b>	15		50	11 41	41.10
255	<b>Kelly Dungan</b>	30	30-34	F	<b>36 18</b>	36 17	<b>64</b>	14		50	11 41	40.78
256	<b>Jonathan Larsen</b>	12	0-12	M	<b>36 22</b>	31 33	<b>51</b>	1		50	11 42	40.89
257	<b>Pat Darling</b>	74	70+	F	<b>36 36</b>	21 53	<b>50</b>	0		50	11 47	67.64
258	<b>Monica Schlichter</b>	36	35-39	F	<b>36 49</b>	36 14	<b>55</b>	5		50	11 51	40.85
259	<b>Jamie Munchel</b>	38	35-39	F	<b>36 54</b>	35 56	<b>54</b>	4		50	11 53	41.19
260	<b>Nathan VanWinkle</b>	35	35-39	M	<b>36 55</b>	36 08	<b>50</b>	0		50	11 53	35.70
261	<b>Cole Farlow</b>	6	0-12	M	<b>37 20</b>	25 45	<b>50</b>	0		50	12 01	50.08
262	<b>Cassey Kelley</b>	32	30-34	F	<b>37 27</b>	37 20	<b>63</b>	13		50	12 03	39.63
263	<b>Jani Snyder</b>	47	45-49	F	<b>37 28</b>	33 33	<b>60</b>	10		50	12 04	44.12
264	<b>Claire Wright</b>	20	19-24	F	<b>37 33</b>	37 32	<b>52</b>	2		50	12 05	39.43
265	<b>Treva McDaniel</b>	48	45-49	F	<b>37 37</b>	33 16	<b>59</b>	9		50	12 06	44.49
266	<b>Andrew McDaniel</b>	20	19-24	M	<b>37 37</b>	37 13	<b>51</b>	1		50	12 06	34.66
267	<b>Madelynn Ward</b>	8	0-12	F	<b>37 38</b>	30 45	<b>55</b>	5		50	12 07	48.13
268	<b>Kristin Ward</b>	31	30-34	F	<b>37 38</b>	37 35	<b>62</b>	12		50	12 07	39.38
269	<b>Debbie Robbins</b>	55	55-59	F	<b>37 42</b>	30 26	<b>54</b>	4		50	12 08	48.63
270	<b>Misty Vaughn</b>	32	30-34	F	<b>37 42</b>	37 35	<b>61</b>	11		50	12 08	39.37
271	<b>Leland Nicholson</b>	69	65-69	M	<b>37 53</b>	28 02	<b>50</b>	0		50	12 12	46.00
272	<b>Valerie Upchurch</b>	50	50-54	F	<b>37 56</b>	32 43	<b>55</b>	5		50	12 13	45.25
273	<b>Todd Mayes</b>	47	45-49	M	<b>38 02</b>	34 04	<b>50</b>	0		50	12 15	37.86
274	<b>Jackie Sams</b>	50	50-54	F	<b>38 15</b>	32 59	<b>54</b>	4		50	12 19	44.87
275	<b>Rachel Lock</b>	8	0-12	F	<b>38 18</b>	31 18	<b>54</b>	4		50	12 20	47.29
276	<b>Enola Delaney</b>	55	55-59	F	<b>38 28</b>	31 03	<b>53</b>	3		50	12 23	47.66
277	<b>Hailey Roth</b>	12	0-12	F	<b>38 36</b>	35 05	<b>53</b>	3		50	12 25	42.18
278	<b>Chuck Wolfe</b>	61	60-64	M	<b>38 40</b>	30 50	<b>50</b>	0		50	12 27	41.85
279	<b>Jill Smith</b>	48	45-49	F	<b>38 47</b>	34 18	<b>58</b>	8		50	12 29	43.15
280	<b>Kelly Amos</b>	33	30-34	F	<b>38 52</b>	38 40	<b>60</b>	10		50	12 31	38.28
281	<b>Heather Stegner</b>	39	35-39	F	<b>39 17</b>	38 01	<b>53</b>	3		50	12 39	38.94
282	<b>John Campbell</b>	41	40-44	M	<b>39 28</b>	37 01	<b>53</b>	3		50	12 42	34.85
283	<b>Wayne Roussel</b>	41	40-44	M	<b>39 28</b>	37 01	<b>52</b>	2		50	12 42	34.85
284	<b>Caleb Stephens</b>	16	16-18	M	<b>39 28</b>	37 10	<b>50</b>	0		50	12 42	34.70
285	<b>Rachel Burdette</b>	34	30-34	F	<b>39 29</b>	39 10	<b>59</b>	9		50	12 43	37.79
286	<b>Mary Stephens</b>	47	45-49	F	<b>39 29</b>	35 21	<b>57</b>	7		50	12 43	41.87
287	<b>Stacy McCollum</b>	31	30-34	F	<b>39 58</b>	39 55	<b>58</b>	8		50	12 52	37.08
288	<b>Michael Vaughn</b>	31	30-34	M	<b>40 15</b>	40 03	<b>50</b>	0		50	12 57	32.20
289	<b>Cathy Weaver</b>	62	60-64	F	<b>40 25</b>	29 30	<b>53</b>	3		50	13 01	50.16
290	<b>Lisa Hicks</b>	44	40-44	F	<b>41 31</b>	38 29	<b>56</b>	6		50	13 22	38.45
291	<b>Tina Crawford</b>	44	40-44	F	<b>41 36</b>	38 34	<b>55</b>	5		50	13 23	38.37
292	<b>Cherie Mayes</b>	47	45-49	F	<b>41 40</b>	37 18	<b>56</b>	6		50	13 25	39.67
293	<b>Sarah Morey</b>	39	35-39	F	<b>41 44</b>	40 23	<b>52</b>	2		50	13 26	36.65
294	<b>Hallie Rogers</b>	8	0-12	F	<b>41 55</b>	34 15	<b>52</b>	2		50	13 30	43.21
295	<b>Shelia Campbell</b>	52	50-54	F	<b>41 57</b>	35 15	<b>53</b>	3		50	13 30	41.99
296	<b>Maria Lafuze</b>	31	30-34	F	<b>42 10</b>	42 07	<b>57</b>	7		50	13 34	35.14
297	<b>Chris Weiss</b>	44	40-44	F	<b>42 27</b>	39 21	<b>54</b>	4		50	13 40	37.61
298	<b>Debbie Dick</b>	43	40-44	F	<b>42 39</b>	39 57	<b>53</b>	3		50	13 44	37.05
299	<b>Erika Moffett</b>	32	30-34	F	<b>43 17</b>	43 09	<b>56</b>	6		50	13 56	34.29
300	<b>Megan Nobbe</b>	29	25-29	F	<b>43 33</b>	43 33	<b>54</b>	4		50	14 01	33.98

Race Name: **Frostbite 5K**  
 Date: **December 3, 2011**

place	Runner	age	Group	M/F	time	*AGTime	WCC pts	Grp pts	Top5pts	Part.Pts	pace/mi	AG%
301	<b>Rhonda Toschlog</b>	46	45-49	F	<b>43 34</b>	39 29	<b>55</b>	5		50	14 01	37.48
302	<b>Mike Witham</b>	40	40-44	M	<b>43 43</b>	41 19	<b>51</b>	1		50	14 04	31.22
303	<b>Jenna Larsen</b>	8	0-12	F	<b>43 45</b>	35 45	<b>51</b>	1		50	14 05	41.40
304	<b>Chris Larsen</b>	40	40-44	M	<b>43 45</b>	41 21	<b>50</b>	0		50	14 05	31.20
305	<b>Tiauna Washington</b>	29	25-29	F	<b>43 47</b>	43 47	<b>53</b>	3		50	14 06	33.80
306	<b>Susie Auman</b>	61	60-64	F	<b>43 51</b>	32 30	<b>52</b>	2		50	14 07	45.55
307	<b>Kelly Clark</b>	34	30-34	F	<b>44 04</b>	43 43	<b>55</b>	5		50	14 11	33.86
308	<b>Kristee Emmans</b>	32	30-34	F	<b>44 09</b>	44 01	<b>54</b>	4		50	14 13	33.62
309	<b>Sasha York</b>	18	16-18	F	<b>44 21</b>	43 53	<b>50</b>	0		50	14 16	33.73
310	<b>Jennifer Moistner</b>	34	30-34	F	<b>45 02</b>	44 40	<b>53</b>	3		50	14 30	33.13
311	<b>Tammy Carman</b>	48	45-49	F	<b>45 30</b>	40 14	<b>54</b>	4		50	14 39	36.78
312	<b>Ella Nicholson</b>	7	0-12	F	<b>46 02</b>	36 18	<b>50</b>	0		50	14 49	40.77
313	<b>Kyle Newton</b>	24	19-24	M	<b>46 08</b>	46 08	<b>50</b>	0		50	14 51	27.96
314	<b>Sarah Geise</b>	57	55-59	F	<b>46 08</b>	36 13	<b>52</b>	2		50	14 51	40.86
315	<b>Nancy Best</b>	48	45-49	F	<b>46 11</b>	40 50	<b>53</b>	3		50	14 52	36.24
316	<b>Coralee Shearer</b>	61	60-64	F	<b>46 26</b>	34 24	<b>51</b>	1		50	14 57	43.01
317	<b>Courtney Rowe</b>	23	19-24	F	<b>46 59</b>	46 59	<b>51</b>	1		50	15 07	31.50
318	<b>Teresa Jansing</b>	38	35-39	F	<b>46 59</b>	45 45	<b>51</b>	1		50	15 07	32.35
319	<b>Anna Lohmoeller</b>	46	45-49	F	<b>47 25</b>	42 58	<b>52</b>	2		50	15 16	34.44
320	<b>Michele Tate</b>	51	50-54	F	<b>47 25</b>	40 22	<b>52</b>	2		50	15 16	36.67
321	<b>Angela Larson</b>	33	30-34	F	<b>47 33</b>	47 18	<b>52</b>	2		50	15 18	31.29
322	<b>Jacob Larson</b>	13	13-15	M	<b>47 33</b>	42 17	<b>50</b>	0		50	15 18	30.50
323	<b>Juanita Jenkins</b>	42	40-44	F	<b>47 34</b>	44 58	<b>52</b>	2		50	15 19	32.92
324	<b>Lindsay Boatright</b>	31	30-34	F	<b>48 06</b>	48 02	<b>51</b>	1		50	15 29	30.81
325	<b>Tonya Paxton</b>	24	19-24	F	<b>48 06</b>	48 06	<b>50</b>	0		50	15 29	30.77
326	<b>Debbie Morris</b>	49	45-49	F	<b>48 10</b>	42 04	<b>51</b>	1		50	15 30	35.18
327	<b>Mary Griffin</b>	55	55-59	F	<b>48 10</b>	38 53	<b>51</b>	1		50	15 30	38.07
328	<b>Yvona Wolfe</b>	61	60-64	F	<b>48 39</b>	36 03	<b>50</b>	0		50	15 40	41.05
329	<b>Amy Barrett</b>	41	40-44	F	<b>48 40</b>	46 24	<b>51</b>	1		50	15 40	31.90
330	<b>Heather Lohmoeller</b>	26	25-29	F	<b>48 47</b>	48 47	<b>52</b>	2		50	15 42	30.34
331	<b>Debbie Greenwood</b>	52	50-54	F	<b>48 50</b>	41 02	<b>51</b>	1		50	15 43	36.07
332	<b>Karie Miller</b>	28	25-29	F	<b>49 05</b>	49 05	<b>51</b>	1		50	15 48	30.15
333	<b>Pam Dailey</b>	54	50-54	F	<b>49 14</b>	40 17	<b>50</b>	0		50	15 51	36.74
334	<b>Cheryl Smielewski</b>	47	45-49	F	<b>49 37</b>	44 25	<b>50</b>	0		50	15 58	33.32
335	<b>Nicole Kilgus</b>	25	25-29	F	<b>49 40</b>	49 40	<b>50</b>	0		50	15 59	29.80
336	<b>Patty Siedling</b>	43	40-44	F	<b>50 01</b>	46 50	<b>50</b>	0		50	16 06	31.60
337	<b>John Conn</b>	57	55-59	M	<b>50 01</b>	41 17	<b>50</b>	0		50	16 06	31.25
338	<b>Denise Snow</b>	56	55-59	F	<b>51 12</b>	40 46	<b>50</b>	0		50	16 29	36.31
339	<b>Jeff Lohmoeller</b>	50	50-54	M	<b>52 43</b>	46 07	<b>50</b>	0		50	16 58	27.98
340	<b>Carletta Harbut</b>	37	35-39	F	<b>56 09</b>	54 59	<b>50</b>	0		50	18 04	26.92
341	<b>Stephanie Risner</b>	32	30-34	F	<b>56 09</b>	55 59	<b>50</b>	0		50	18 04	26.43